

Staying in touch with the community**How your neighbours are coping**

The Southpoint Sun put the call out on social media to get a feel of what people are doing and how they are handling the COVID-19 situation. Normally, this process is done in person as a 'man on the street' style interview. For obvious reasons, we could not do that this time around.

Frieda Woelk — I am grateful to the Flower Shop at Thiessen's. They made my day with the delivery of fresh flowers. In a time such as this, I am also grateful to be able to have conversations with my family on the outside, as we get through this lockdown.



Andrew George — On Sunday, March 15, I was visiting a friend and got too close to a sneeze. My symptoms are such that I am self quarantining. I operated a health food store in Wheatley and am knowledgeable about treatments and I've hit it with everything in my arsenal but it still persists. Please, self isolate now!



John Klemens — As a Leamington native now living in British Columbia, I am under self quarantine and my wife works from home. I am recovering from flesh eating disease and spent two months in the hospital. I'm glad to be home and have a long road ahead, and thankful to the doctors and nurses who took care of me.



Danielle Ribble — Working at Walmart during a time of crisis has been a real eye opener. I've never been so proud of the people I work with, offering to come in for extra shifts to help out, staying longer, working the job of ten people. I'm also proud to work for a company that

dedicates itself to providing this area with the essentials they need during this time of chaos.

Hilda MacDonald — We have to keep taking care of ourselves, it's crucial to our mental and psychological health. I've been Facetimeing with family, especially my mother who is at Erie Glen. Spending time doing little projects that I never thought would get done. I can work from home, so I'm spending a lot of time at my kitchen table, answering emails and fielding calls.



Kyle Sousa — We are failing this test. The sheer amount of selfishness that I have witnessed during all of this is stunning. The hoarding, the price gouging, folks still gathering and becoming vectors for infection... People are not taking this seriously, and we as a society will all pay for it, some of us with our lives. We are in this together, and by thinking of each other we can make it through times like these.

**Erie Shores** — from Page 1

breath and if you've travelled outside of Canada or have been in contact with someone who has.

Arms Bumanlag, ESHC Director of Communications and Public Relations, told the Sun on Monday that staff is holding up as best as can be expected.

"The mood has been one of preparedness and heightened awareness," he said.

"A lot of sacrifices are being made by all of these people to make sure Erie Shores Health-Care is able to face this crisis head-on."

Nurses, doctors, EMS, maintenance staff and everyone involved in the day-to-day operations are going above

and beyond, according to Bumanlag.

"I couldn't be more proud", he said.

In addition, Bumanlag is amazed with the way the community has reached out, from people calling in donation offers and also families showing up in the parking lot, entertaining staff and patients alike.

Erie Shores Health-Care has also set up a new Patient Service Line at 519-326-2373 extension 4481. It is an information line that operates from 8 am to 4 pm Monday through Friday.

Bumanlag recommends checking out the ESHC Facebook page or their website at ereshoreshealthcare.ca

Province closes at-risk workplaces

Premier Doug Ford announced Tuesday that only businesses deemed as essential services would be allowed to remain open until the COVID-19 threat passes.

He also encouraged businesses to take the initiative to allow their employees to work from home where at all possible.

Stricter guidelines for putting in place a physical distancing protocol for businesses was also outlined.

The list of exceptions is wide ranging. You are asked to visit news.ontario.ca if you have questions about your workplace.

Point Pelee gates remain open

LEAMINGTON — Point Pelee National Park remains on restrictions for visitors at press time.

The park gates are open but wash-room facilities and visitor facilities all remain closed amid the COVID-19 situation.

Prime Minister Trudeau announced early last week that Parks Canada was shutting down but that only pertains to the facilities.

The main road in the park is under repair so there may be backups and/or stoppages along the way to the tip.

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2019 Novel Coronavirus (COVID-19)**What you need to know to help you and your family stay healthy.**

- Only visit an assessment centre if you have been referred by a health care professional.
- Avoid non-essential travel.
- Monitor for symptoms after travel.
- Avoid large gatherings.
- Be prepared, but avoid panic stocking.
- Caring for those who are ill? Take precautions.
- Clean high-touch surfaces regularly.
- Order your prescription medication.
- Practice cough and sneeze etiquette in transit.

If you have symptoms, take the self-assessment at ontario.ca/coronavirus. Or call Telehealth Ontario at 1-866-797-0000 (TTY: 1-866-797-0007) or your public health unit.